



Welcome to the Girls Northwest Regional Wrestling Tournament
at Marysville High School

Pairings are posted on [Baumspage](#)

E-mail all corrections to tournament directors: shawn.andrews@mevsd.us or cottermorgan@yahoo.com

Tournament will be ran on www.trackwrestling.com on the day of the tournament

Open workout and weight check will be held on Saturday, March 2, from 6-8pm
The main gym will be open from 6-7pm or by prior arrangement for any school that is arriving on Saturday night (3/2/24).

Check in

7:00-8:00 Sunday, March 3rd

Coaches report to the field house for check-in procedures.

Upon sign in you will receive a tournament packet with the following items.

- Brackets and team information. (check/correct all information)
- 1 pass per qualifier and alternate (**NO extra passes for stats, trainer, etc.**)
- Team personnel wristbands for coaching on the floor and access to the hospitality room
 - 1 qualifier (2 wristbands)
 - 2 to 4 qualifiers (3 wristbands)
 - 5 to 8 qualifiers (4 wristbands)
 - 9 to 14 qualifiers (5 wristbands)

All wrestlers should be ready to weigh in at 8:00 am

- Once Weigh-ins begin, **NO** wrestler may leave the weigh-in area without permission, and **NO** weight altering activities are permitted once weigh-ins begin.
- All OHSAA Skin Authorization Forms must be appropriately signed and dated. These forms must be presented at weigh-in.
- The weigh-in shall proceed through weight classes beginning at 100 lbs. and end immediately upon completion of the 235 lb. weight class.
- A contestant may step on and off the first scale two times. If she fails to make weight on the first scale, she shall immediately step on alternate scale one time.

Team Tables will be in the field house. No food set up until after weigh ins are completed

Please clean up!



Coaches Meeting

9:30 in the Auditorium. Please have at least one coach present for this meeting

Wrestling Schedule

10:00am Championship Rounds 1 and 2 on 4 mats followed by

Two rounds of consolation matches on all 4 mats

A brief 15 minute break prior to start of semi-finals/consolation 1/4 finals on 4 mats (2 and 2)

Consolation semifinals on all 4 mats

20-30 min break before finals

All awards will be presented at the conclusion of the 235lb finals.

Awards

Individual Awards: The top six finalists in each weight class will be recognized during awards presentation at the end of the evening. Please have wrestlers ready.

Team Awards: The Regional Champion Team and Team Runner-up will be recognized at the conclusion of individual awards.